



Sooke/West Shore Training Guide 2023-2024

Your community's best source for childcare information and resources

Online Workshops:

- ❖ Participants must ensure to sign up with their correct email as a unique workshop link will be sent out 48 hours before the workshop.
- ❖ Make sure you are using a compatible device and have a working internet connection.
- ❖ Participants must attend the full workshop with their camera and mic on to be eligible for a certificate.

In person workshops:

- ❖ Registration for Licensed Group Centres will be held at a maximum of 4 registrants from the same Licensed Group setting.
- ❖ As child care is not available during workshops/trainings; please make other child care arrangements for your children during this time.

Helpful information:

- ❖ Certificates for completed workshops will be issued by the Sooke/West Shore CCRR unless otherwise noted.
- ❖ It is the participants' responsibility to read the workshop/course description and objectives and make sure the training selected is suitable for their learning needs. If you have questions about a workshop certificate being accepted by the ECE Registry, please contact them at 1-888-338-6622 or email eceregistry@gov.bc.ca.

September - December 2023

Sooke/West Shore CCRR Social Circle

2nd Thursday of the month

September 14, October 12, November 9, and December 14

6:30-8:30 pm

Early Years Room at 345 Wale Rd



Come together to meet and support other hardworking Early Childhood Educators in the region! Bring your ideas (or just yourself!), enjoy snacks, lively conversation, and the companionship of your fellow ECEs. This Social Circle will support a culture of continuous learning and development, as well as a time to share ideas, resources, and gain perspective on any and all situations you may need insight on from your peers.

To register for the Social Circle, please click [here](#)

Neurodivergent-Affirming Practices & Care

Thursday, September 21, 2023

6:30-8:30 pm

Early Years Room at 345 Wale Rd

In this 2 hour in-person workshop, you will learn how to strengthen your understanding of why we are shifting the way we provide support to autistic children and how to begin doing it.

In this workshop, you will learn about:

- The difference in terms such as 'neurodiversity' and 'neurodivergent'
- The principles of a neurodivergent-affirming framework
- The medical vs. social model of disability
- Shifting our perspective and language use: what we are moving away from and what we are moving towards
- Moving from methods of control and compliance to fostering authentic connection
- Social communication differences and the 'double empathy problem'
- Neurodivergent communication styles and gestalt language processing
- Sensory differences and providing environmental accommodations
- Play differences and learning through play
- Real-life examples and applying neurodivergent-affirming approaches
- Strategies that you can begin implementing right away

Presenter: Aryn Franklin, Registered Speech-Language Pathologist

Exploring Coding with Early Learners: Coding Without Computers



Thursday, October 19, 2023

6:30-8:30 pm

Via Zoom

Join us for Science World's new STEM-based workshop for child care providers that work with young children. We will explore and try out some fun, hands-on ways to introduce young children to coding through stories, dance, playdoh, games, nature's life cycles and treasure hunts without them ever having to go near a computer screen or tablet!

Presenter: Science World – Big Science for Little Hands

Too Hot for Tots! and Fire Prevention



Thursday, November 16, 2023

6:30-8:30 pm

Early Years Room at 345 Wale Road

This *Too Hot for Tots!* workshop will teach parents and caregivers of young children how to prevent burn and scald injuries in the home/daycare setting. Fire prevention will also be discussed.

Presenter: Colwood Fire

Through the Eyes of the Child

Thursday, December 7, 2023

6:30-8:30 pm

Via Zoom

Parents and care providers are reporting increased frustration, stress, aggression, and other related challenges that are well documented in our children and youth, but not well understood. And adult direction, teaching, or intervention seem to have little effect or can even make matters worse.

This workshop will explore the roots of aggression, how self-control and impulse control are developed and how we can assist the developmental process.

Presenter: The Learning Curve



January – February 2024

Family Child Care Course - 20 hrs

Saturdays

January 13 & February 3 9:30-11:30 am
January 20 & 27 9:30-12:00 pm
Via Zoom



Through self guided modules (10 hrs.) and interactive online group sessions (10 hrs.), participants will learn about everything from Child Growth & Development, Guiding & Caring, to the Business Management of a child care facility. All the unit quizzes must be completed, and the online group sessions attended in order to receive the full course certificate.

Presenter: Amanda Leggett

Health & Safety in Your Child Care Home

Saturday, January 13, 2024

9:30-11:30 am

Via Zoom

One of your most important jobs as a caregiver is to ensure the health and safety of the children in your care. Safety is not just cushioning the corners of tables. We will cover not only safety inside your child care space but outside and beyond. In addition to safety, you want to ensure you are providing a clean and healthy environment. We will discuss how to develop clear health practices.

Presenter: Amanda Leggett



Child Development & Nutrition

Saturday, January 20, 2024

9:30-12:00 pm

Via Zoom

Learn about the importance of recognizing and supporting each individual child's pace of development and the appropriate steps to take when a concern arises. An overview of typical milestones as well as approaches that support children's healthy social and emotional development will also be discussed.

A fun look at planning meals and snacks that meet children's nutritional, cultural, and personal preferences and needs will also be included.

Presenter: Amanda Leggett

January – February 2024 con't

Guidance and Helping Children Grow

Saturday January 27, 2024

Via Zoom

Guidance is about helping children develop the principles, attitudes, and skills they will need to become competent, caring, and responsible people. We will explore what influences behaviour, how to promote positive behaviour, and some guidance techniques. We will then move into the care providers role in supporting children's healthy social and emotional development.

Presenter: Amanda Leggett

9:30-12:00 pm



The Business of Family Child Care & Building Partnerships

Saturday, February 3, 2024

Via Zoom

Creating good business practices such as written childcare agreements and maintaining appropriate administrative and financial records will be reviewed. An overview will be given on determining childcare needs in the community and strategies around filling vacancies and maintaining professionalism in the childcare field.

Presenter: Amanda Leggett

9:30-11:30 am



March – June 2024

Emergency Childcare First Aid

Saturday, March 9, 2024

9:00 am-5:00 pm

Early Years Room at 345 Wale Road

This first aid childcare program allows people of all ages to learn how to handle various childhood emergency situations in a practical and easy-to-follow way. This course is ideal for childcare providers, parents, and those who are around children regularly. Limited to 15 participants.

Presenter: Good Samaritan First Aid



Creating Successful Environments and Curriculum for Infants and Toddlers

Thursday, April 18, 2024

6:30-8:30 pm

Via Zoom

In the first three years of life children experience the most intensive brain development in their lifespan. In order to capitalize on this critical period of development, very young children need to be in supportive, nurturing and engaging environments. In this workshop, participants explore how to design dynamic and interactive learning environments. Together, we explore beautiful programs and activities created by other educators, share our own success stories and brainstorm new ideas. Participants review the benefits of observation and discuss how to adapt the environment and curriculum to best meet the needs of young children.

Presenter: BC Aboriginal Child Care Society



**BC Aboriginal
ChildCare Society**

Motivating Children Through Music, Movement, and Rhythm



Thursday, May 16, 2024

6:30-8:30 pm

Early Years Room at 345 Wale Road

For 30 years, with all her love, Louise has shared her passion and respect for this vital culture, touching the lives of thousands of people through rhythm – children, preschoolers, youth, adults, and elders. Her multicultural approach enriches the lives of children and educators.

- Learn how to teach culture through rhythm games, dance, percussion, and improvisation.
- Motivate children's creativity and intellectual development through the stimulation provided by a different cultural context.
- Utilize "home-grown" instruments: buckets, sticks, plastic bowls, jars/bags of rice or beans and spoons!
- Use the heartbeat of rhythm to propel children to celebrate their humanity!

Limited to 20 participants

Presenter: Louise Raymond, Malicounda founder

<https://malicoundadance.com/>

Supporting Children Who Experience Anxiety

Thursday, June 6, 2024

6:30-8:30 pm

Early Years Room at 345 Wale Road

In this workshop, you will learn:

- How worry and anxiety are normal
- How flexibility is key
- What anxiety looks like
- How your role-modeling can positively impact a child's well being
- What exercises and activities can help manage anxiety
- Discussion of relevant case scenarios as shared by participants



Presenter: Katy Bigsby - REiL Learning

Registration Information

If you would like to register for any of the workshops offered by the Sooke/West Shore CCRR please use the link below:

<https://outlook.office365.com/owa/calendar/SookeWestShoreCCRRWorkshops@sfrs.ca/bookings/>

If you have any questions regarding the workshop **content**, please email Amanda at: aleggett@sfrs.ca

If you have any questions regarding the workshop **registration process**, please email Erin at: eholler@sfrs.ca

If you would like more information regarding our workshops, please call 250-940-4882



Sooke Site

101-6672 Wadams Way

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eholler@sfrs.ca

250-642-5152 ext.239

West Shore Site

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