



Sooke/West Shore Training Guide 2023

Your community's best source for childcare information and resources

Online Workshops:

- ❖ Participants must ensure to sign up with their correct email as a unique workshop link will be sent out 48 hours before the workshop.
- ❖ Make sure you are using a compatible device and have a working internet connection.
- ❖ Participants must attend the full workshop **with their camera and mic on** to be eligible for a certificate.

In person workshops:

- ❖ Registration for Licensed Group Centres will be held at a maximum of 4 registrants from the same Licensed Group setting
- ❖ As child care is not available during workshops/trainings; please make other child care arrangements for your children during this time.

Helpful information:

- ❖ Certificates for completed workshops will be issued by the Sooke/West Shore CCRR unless otherwise noted.
- ❖ It is the participants' responsibility to read the workshop/course description and objectives and make sure the training selected is suitable for their learning needs. If you have questions about a workshop certificate being accepted by the ECE Registry, please contact them at 1-888-338-6622 or email eceregistry@gov.bc.ca.

January-March 2023

Family Child Care Course-20 hrs

Saturdays

January 14, 21 and 28 & February 4, 2023

9:30-12:00 pm

Via Zoom



Through self guided modules (10 hrs.) and interactive online group sessions (10 hrs.), participants will learn about everything from Child Growth & Development, Guiding & Caring, to the Business Management of a child care facility. All the unit quizzes must be completed, and the online group sessions attended in order to receive the full course certificate.

Presenter: Amanda Leggett

Health & Safety in Your Child Care Home

Saturday January 14, 2023

9:30am-12:00pm

Via Zoom

One of your most important jobs as a caregiver is to ensure the health and safety of the children in your care. Safety is not just cushioning the corners of tables. We will cover not only safety inside your child care space but outside and beyond. In addition to safety, you want to ensure you are providing a clean and healthy environment. We will discuss how to develop clear health practices.

Presenter: Amanda Leggett

Child Development & Nutrition

Saturday January 21, 2023

9:30am-12:00 pm

Via Zoom



Learn about the importance of recognizing and supporting each individual child's pace of development and the appropriate steps to take when a concern arises about a child's development. An overview of typical milestones as well as approaches that support children's healthy social and emotional development and feelings of acceptance and belonging will also be discussed.

A fun look at planning meals and snacks that meet children's nutritional, cultural, and personal preferences and needs will also be included.

Presenter: Amanda Leggett

January-March 2023 con't

Guidance and Helping Children Grow

Saturday January 28, 2023
9:30am-12:00pm
Via Zoom

Guidance is about helping children develop the principles, attitudes, and skills they will need to become competent, caring, and responsible people. We will explore what influences behaviour, how to promote positive behaviour, and some guidance techniques. We will then move into the care providers role in supporting children's healthy social and emotional development.

Presenter: Amanda Leggett



The Business of Family Child Care & Building Partnerships

Saturday February 4, 2023
9:30am-12:00pm
Via Zoom

Creating good business practices such as written childcare agreements and maintaining appropriate administrative and financial records will be reviewed. An overview will be given on determining childcare needs in the community and strategies around filling vacancies and maintaining professionalism in the childcare field.

Presenter: Amanda Leggett



April-June 2023

Normative Sexual Development

Wednesday, April 26, 2023

6:30-8:30 pm

Early Years Room at 345 Wale Road

Presenter: Jennifer Gibson, MA; Coordinator of Community Education Services – Island Sexual Health

Host: Amanda Leggett

Course description to be sent out at a later date.



Circle Time: Make & Take

Wednesday, May 17, 2023

6:30-8:30 pm

Early Years Room at 345 Wale Road

Let's Celebrate! May is Child Care Appreciation month! In this workshop you will learn songs and rhymes to bring to your circle time fun and then we will spend some time making a new felt story to take home with you

Presenter: Erin Holler

To Be Announced in Early 2023

Wednesday, June 21, 2023

Date may change based on availability

6:30-8:30pm

Location TBD

Registration Information

If you would like to register for any of the workshops offered by the Sooke/West Shore CCRR please use the link below.

<https://outlook.office365.com/owa/calendar/SookeWestShoreCCRRWorkshops@sfrs.ca/bookings/>

If you have any questions regarding the workshop content please email Amanda at: aleggett@sfrs.ca

If you have any questions regarding the registration process please email Erin at: eholler@sfrs.ca

If you would like more information regarding our workshops, please call 250-940-4882



Sooke Site

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West Shore Site

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