

Fall 2025

Sooke-West Shore Newsletter



Your communities' best source of child care information & resources

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A Note from the Sooke/West Shore CCRR

As the days begin to shorten and a crispness (finally) fills the air, we're officially ushering in the beautiful Fall season! This is such a wonderful time of year for early years environments, offering countless opportunities for engaging, sensory-rich learning experiences.

Think about all the possibilities:

- Nature walks
- Pumpkin fun
- Harvest/Fall themes
- Animal studies
- Dramatic play



These activities not only celebrate the season but also provide rich avenues for developing fine motor skills, language early math and science concepts, and social-emotional growth.

Beyond the classroom, ongoing professional development is important as well.

We encourage you to prioritize your professional growth as we head into this new season. Our 2025-2026 Professional Development opportunities are out now, so sign up before spaces fill up!

Let's make this Fall a season of growth, discovery, and joy for all our children and ourselves!

-Your Sooke-West Shore CCRR Team



Have a look at some of our new Program Resource Kits

New Child Care Provider
library catalogue coming
soon!



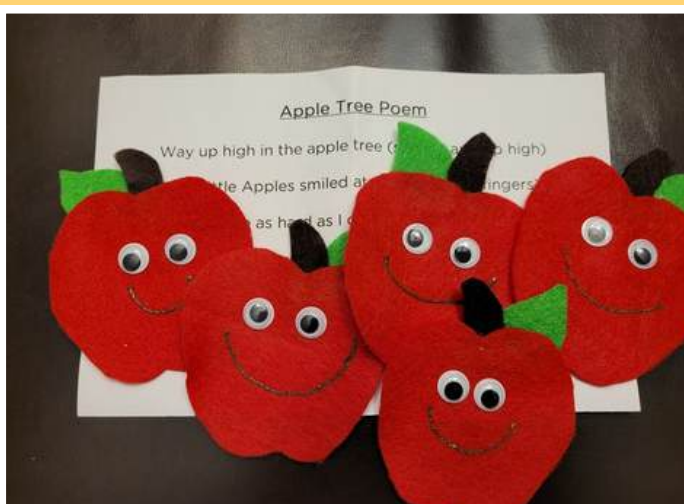
Email us at
sooke-westshoreccrr@sfrs.ca for more info!



Camping Box



Community Helpers Box



Apples Felt Story



Flowers Felt Story



Sooke - West Shore CCRR Member Highlight

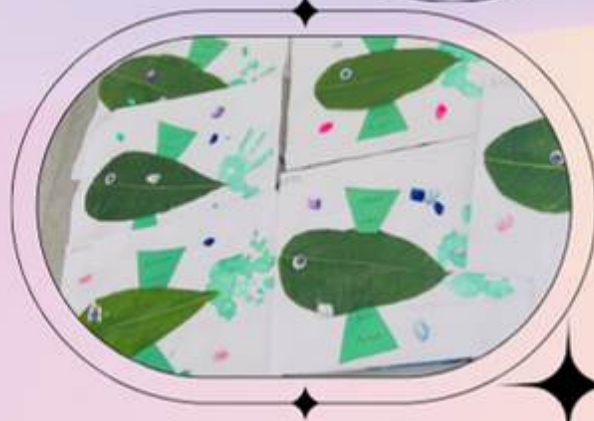
Happy Learner Daycare

One of our favourite areas is our social-emotional corner. Because we work with infants and toddlers (ages 0–3), we believe that learning about feelings, relationships, and self-regulation is the foundation for all future learning. This space includes cozy books, mirrors, puppets, and soft pillows where children, teachers, and even parents can explore emotions together. It's a safe and welcoming place that supports mental well-being for children, families, and educators alike. 🧡

Recently, the children created little fish art using real leaves for the fish bodies. 🐟 We love this project because it connects creativity with nature. The children can continue observing their leaf-fish at home—seeing how the leaves change color and texture over time—turning art into an ongoing discovery.

We love taking neighborhood walks together. Our centre is in Royal Bay, which is a very safe and friendly community. On our walks, we often meet dogs, families, and people of all ages, and the children get to experience the warmth of community life. These simple outings build children's sense of belonging and help them see themselves as part of a larger world. 🌍🐾

-Daphny Du (ECE/ITE)



**INTERESTED IN PARTICIPATING?
CONTACT MLANGMAN@SFRS.CA**

**Enter
to Win**

Fall Contest!

**CALLING ALL SOOKE - WEST SHORE
CCRR MEMBERS**

SEND US A PICTURE OF YOUR FAVORITE
PROVOCATION TABLE/ACTIVITY (OR
HAVE US STOP BY TO TAKE A PICTURE)
AND YOU WILL BE ENTERED TO WIN A
PRIZE! THE WINNER WILL BE FEATURED IN
THE NEXT NEWSLETTER.

CRITERIA

PLAYABILITY (WAYS OF INTERACTION)
INGENUITY (USE OF ITEMS)
ORIGINALITY

**CONTACT:
MLANGMAN@SFRS.CA**

**SUBMISSIONS DUE BY
OCT 17TH 2025**



Fall Walk

Scavenger Hunt



Spider



Pinecone



Leaf Pile



Acorn



How many
can you spot?

Color in as you find them



Slug



Beetle



Puddle

Bonus!

Spot a squirrel
collecting nuts



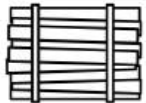
Moss



Spider Web



Conker



Hay Bale



Moth



Winged
Seeds



Apple
on a Tree



Animal
Footprint

Make it!

Pick blackberries
to make a
crumble



Leaf Study
How many different
colored leaves can
you find?



Circle Time!



5 Little Leaves

Five little leaves
falling from a tree. (hold up 5 fingers)
The first one says,
"You can't catch me!" (wiggle thumb)
The second one says,
"There's a chill in the air!" (wiggle pointer finger)
The third one says,
"But we don't care!" (wiggle middle finger)
The fourth one says
"Hello" to the ground. (wiggle ring finger)
The fifth one says,
"We make a crunching sound!" (wiggle pinky)
Whoosh goes the wind,
blowing all around. (wave hand around)
And the five little leaves land
safe and sound. (hand open flat, palm facing up)

(c) Imaginations Running Wild

GREY SQUIRREL, GREY SQUIRREL SWISH YOUR BUSHY TAIL



Grey squirrel, grey squirrel, swish your bushy tail!

Grey squirrel, grey squirrel, swish your bushy tail!

Put a nut between your toes.

Wrinkle up your little nose.

Grey squirrel, grey squirrel, swish your bushy tail!



When you sing the Grey Squirrel part: Your hands should be up in a squirrel stance.
For Swish your bushy tail: Shake your hips side to side.
Put a nut... Act like you are placing a nut between your feet.
Wrinkle up your little nose: Use your finger to wrinkle your nose back and forth.

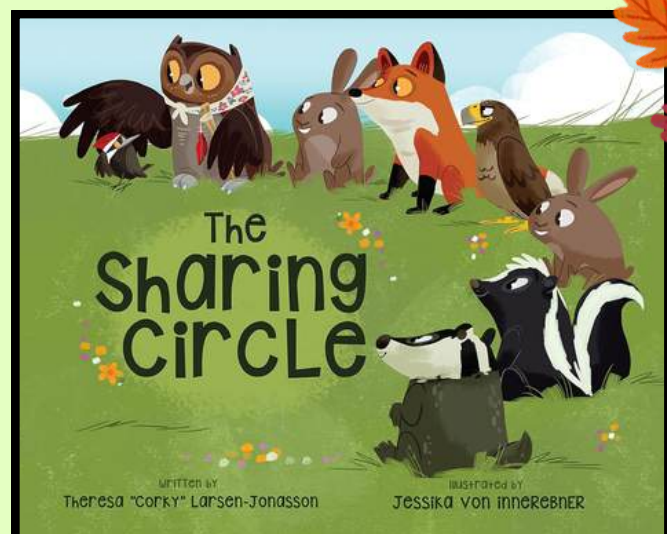
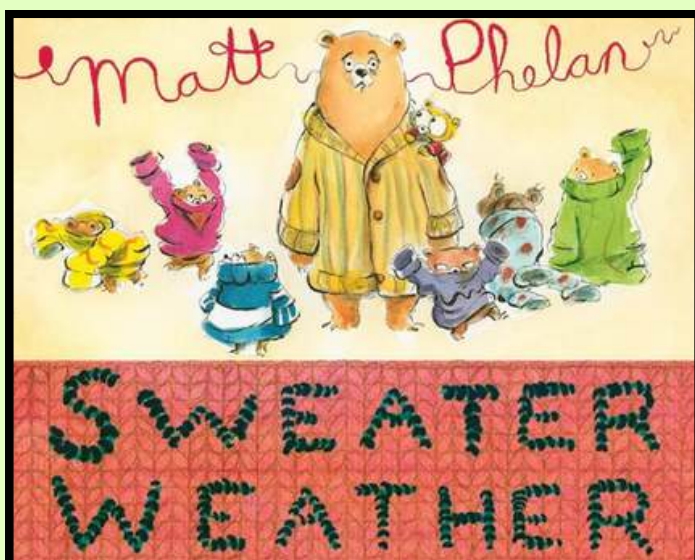
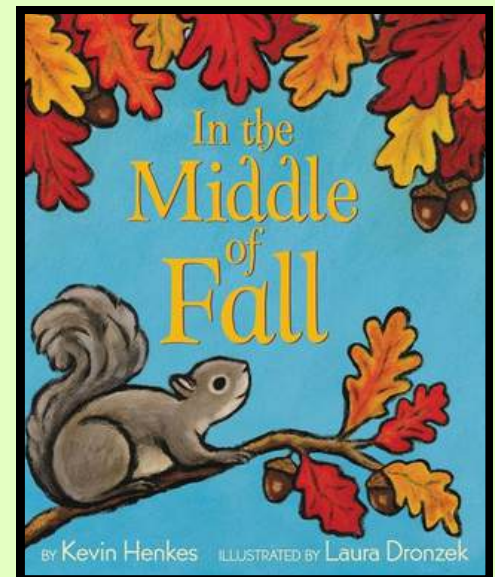
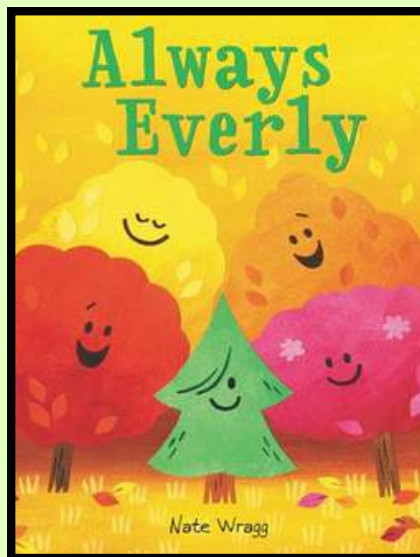
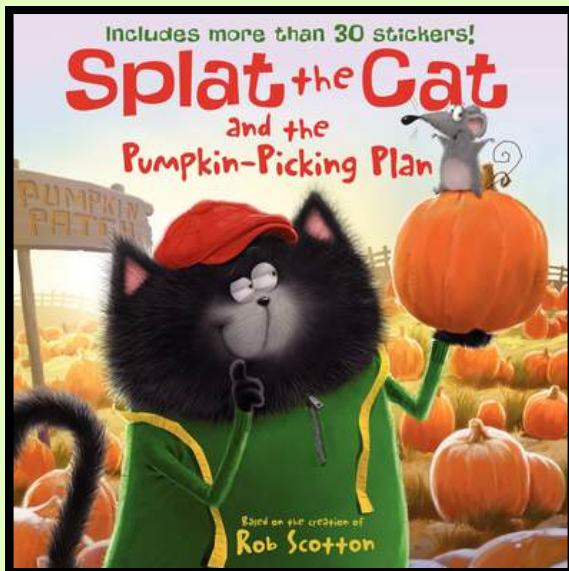
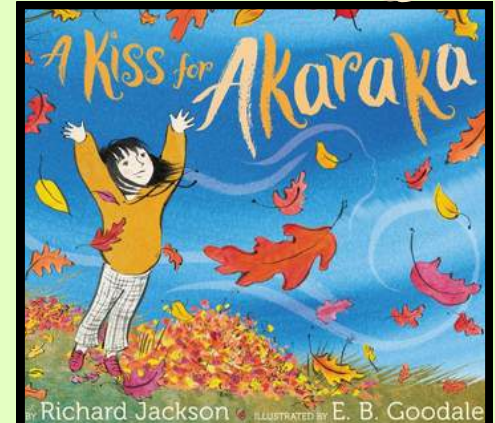
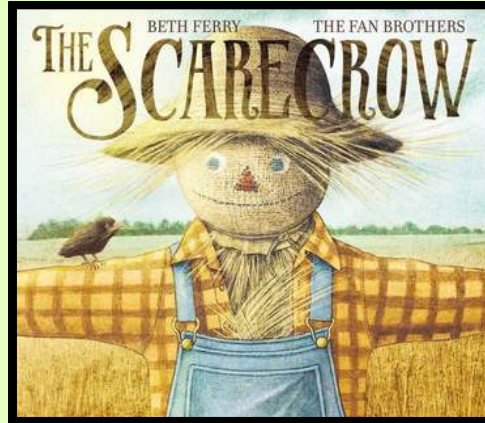
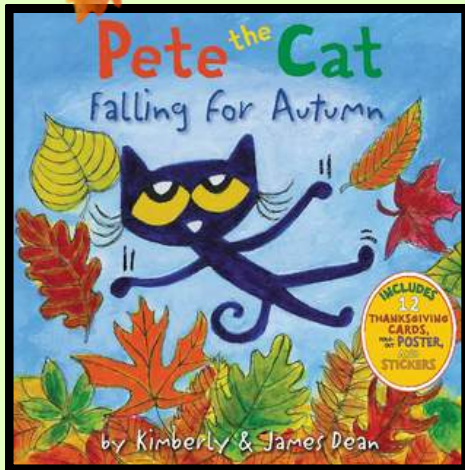
Natural Beach Living

Five Red Apples

Five red apples hanging in a tree, (hold up five fingers)
The juiciest apples you ever did see.
The wind came by and gave an angry frown, (blow on fingers)
And one little apple came tumbling down. (tuck one finger down)
Four red apples...



Fall Children's Books



Crafty Corner



pumpkin shakers



Pumpkin Spice Playdough - No Bake Recipe

Ingredients:

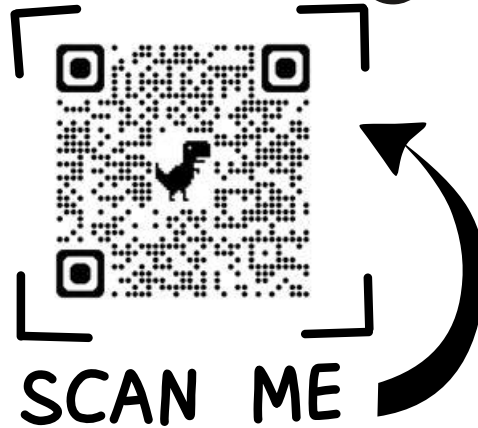
2 cups white flour
1/2 cup salt
2 tbsp cream of tartar
1 tsp pumpkin spice (or 1/2 tsp cinnamon,
1/4 tsp ginger and 1/4 tsp nutmeg)
1 cup boiling water
2 tbsp coconut oil (vegetable oil or baby oil work too)
food colouring (orange or red + yellow)

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*Fall 2025 Sooke-West Shore CCRR Pro-D Guide **OUT NOW!***

REGISTER HERE





Monday - Friday 8:30am - 4:30pm

6672 Wadams Way (Sooke) / 345 Wale Road, Colwood (West Shore)

Evenings: Wednesdays 4:30pm-6:30pm (Sooke)

Saturdays: 8:30am-12:30pm (West Shore)

Website: <https://www.sfrs.ca/programs/child-care-resource-and-referral-ccrr>

Telephone: (250) 940-4882

Email: Sooke-WestShoreCCRR@sfrs.ca

Facebook: Sooke-West Shore Child Care Resource & Referral AND
Sooke Family Resource Society

Instagram: @sookewestshore_ccrr

www.gov.bc.ca/ChildCareResourceReferralCentres or

Toll-free: 1 888 338-6622 (Option 4).



SOOKE
Family
RESOURCE SOCIETY