

Spring 2026

# Sooke-West Shore Newsletter

*Your communities' best source of child care information & resources*

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# *A Note from the Sooke/West Shore CCRR*

Spring has officially sprung – at least, it’s trying to!  
From puddles to pollinators, there is a world of wonder waiting for our learners outside.

Spring is a reminder that growth takes time, care, and a lot of heart – all things you provide daily. This season, we celebrate the curiosity that drives all our work.

That being said, thank you for leaning into the chaos, catching the worms, and seeing every “spring surprise” as a teaching moment.

Let’s get outside and get our hands dirty!

-Your Sooke-West Shore CCRR Team



**NEW**

# New Child Care Provider Library catalogue here.

Email us at [sooke-westshoreccrr@sfrs.ca](mailto:sooke-westshoreccrr@sfrs.ca) for more info!



Theme Boxes



Felt Stories



Loose Parts



Art Boxes



JOIN THE SOOKE-WEST SHORE CCRR FOR AN

# OPEN HOUSE

**23 MAY 2026 ■ 9AM-12PM**

COME AND SAY HELLO AND ENJOY LIGHT REFRESHMENTS

WEST SHORE CCRR  
345 WALE RD.  
COLWOOD, BC  
250-940-4882





# ChildCareBC Bulletin



Check out the latest  
ChildCareBC Bulletin  
[Here](#)

# Woodside Farm

## School Visits

Students don't just observe the farm – they actively participate in it



Meet, pet and brush  
our farm animals

Run through our orchard maze  
and find hidden treasures

Visit berry patches  
and garden spaces

April–June • Weekdays only • 10am–12pm  
\$5 per person • Teachers free

Minimum booking fee: \$100 • Maximum 50 people per visit

To inquire or schedule a visit, email: [info@woodside.farm](mailto:info@woodside.farm) 6

7149 West Coast Rd, Sooke, BC • <https://www.woodside.farm/school-visit>

TISSER DES LIENS • OUVRIR DES PERSPECTIVES



# HORIZON

— 2026 —

Conférence provinciale du Child Care Resource and Referral francophone (CCRRF) destinée aux professionnel-le-s des services de garde scolaire et préscolaire de la C.-B.

Provincial conference of the Francophone Child Care Resource and Referral (FCCRR) for French-speaking early childhood and school-age care professionals.



**1<sup>er</sup> et 2 mai 2026**

**May 1<sup>st</sup> and 2<sup>nd</sup>, 2026**

Richmond, C.-B.  
Richmond, BC

**Programmation  
et inscription**

**Program and registration**

# Circle Time!

## The Beehive

Chant

Here is a beehive. (hold up Fist)  
Where are the bees?  
Hidden away where nobody sees!  
Watch as they fly out of their hive.



(Slowly open Fist, showing fingers as you count)

One, two, three, four, five!  
BZZZZZZZZZZ!  
They're alive! (wiggle fingers)

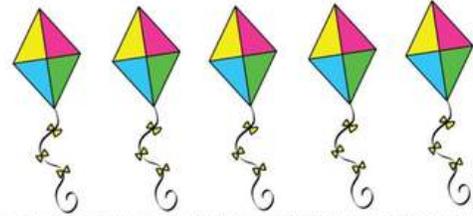


© teachingmama.org

## Kites

Chant

One little kite, up in the blue.  
Along came another, then there were two.  
Two little kites, over the tree.  
Along came another, then there were three.  
Three little kites, watch them soar.  
Along came another, then there were four.  
Four little kites, they act so alive.  
Next came the last one, and then there were five.



© teachingmama.org

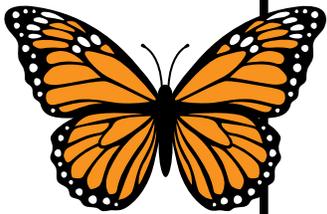
## Five Little Butterflies

Five little butterflies on flowers galore,  
One flew off, then there were four.  
Four little butterflies among the sweet  
peas.

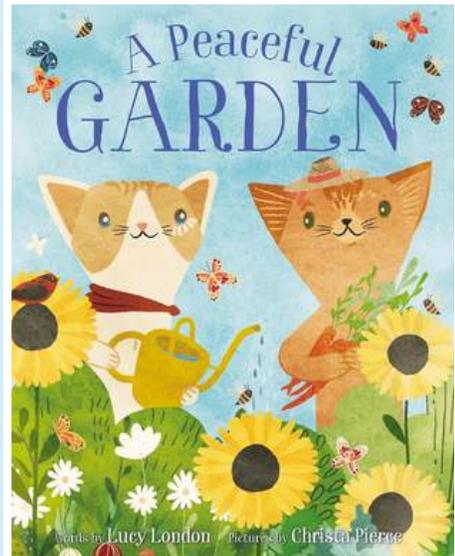
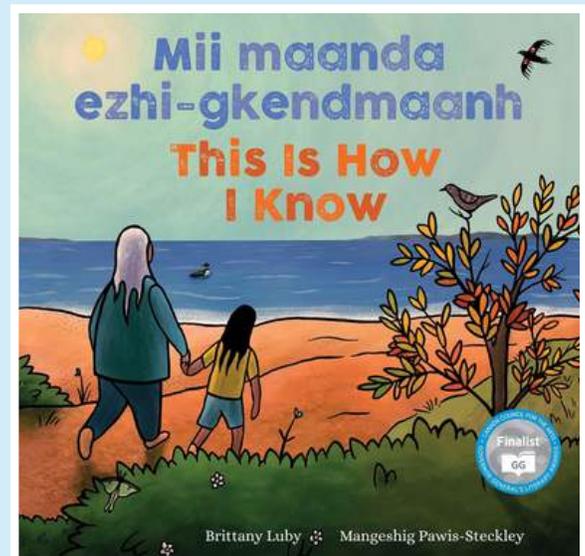
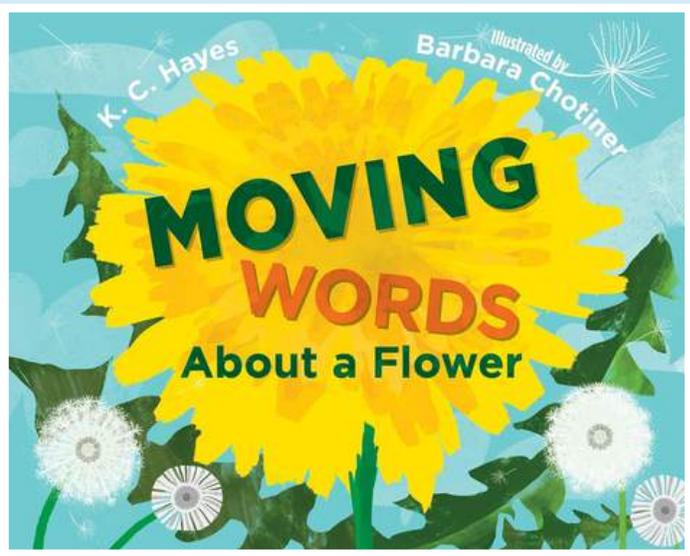
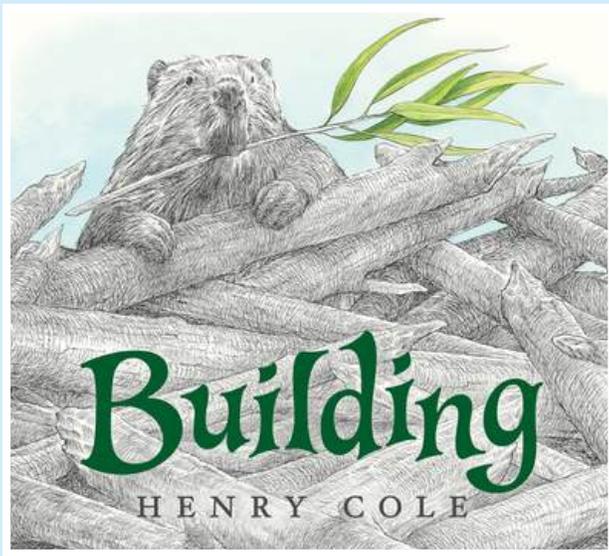
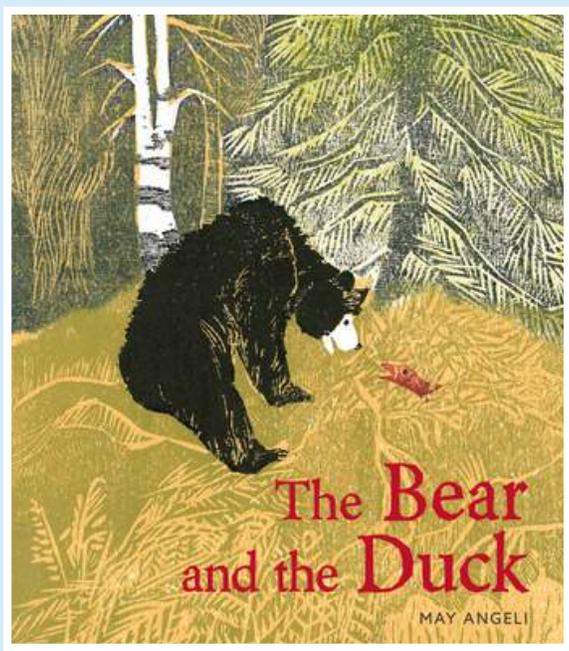
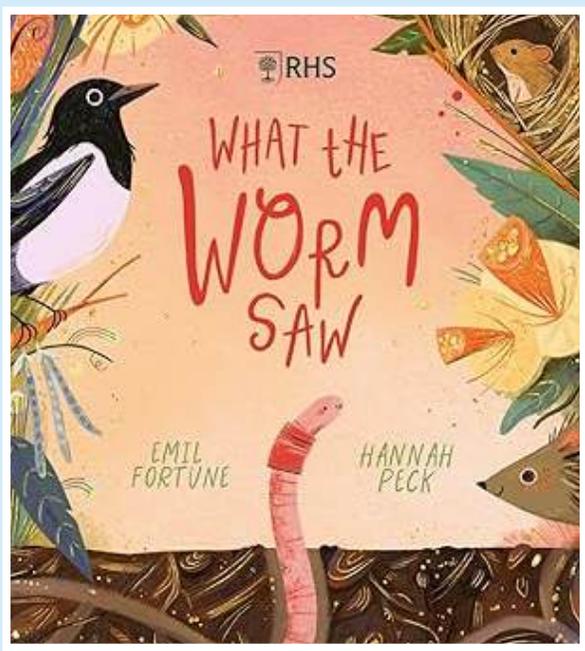
One flew off, then there were three.  
Three little butterflies with nothing to do.

One flew off, then there were two.  
Two little butterflies resting in the sun,  
One flew off, then there was one.  
One little butterfly, now the only one,  
She flew off, then there were none.

(www.preschoolexpress.com)



# Spring Children's Books



# Crafty Corner



## healthy Bug Snacks for kids



# Professional Development Opportunities



## **Autism and Neurodiversity in Early Childcare - UBC** (Free Self-Paced Online Program)

This program is designed to assist childcare providers, early childhood educators, preschool teachers, parents and anyone interested in inclusive childcare to learn practical strategies on how to support young children with developmental disabilities, including autism (diagnosed or undiagnosed) in the early childcare setting.

## **Supporting the Inclusion of Students with Complex Needs - Inclusion Outreach (MECC)** (Free Self-Paced Online Program)

This four-part series helps you build skills and understanding of what inclusion means for students with complex needs in today's classrooms.

## SELF-CARE PRACTICES & SOUND JOURNEY



### Sooke-West Shore CCRR 345 Wale Road – Early Years Room

Thursday,  
May 28, 2026  
6:00-8:30 pm

Take time for yourself  
and nurture your  
body, mind and spirit



Led by Eve Carty with  
LeVity for Life Yoga

Tea & light snacks  
provided.

Free event for  
childcare providers.  
Only 15 spot available.

**REGISTER**





**Monday - Friday 8:30am - 4:30pm**

6672 Wadams Way (Sooke) / 345 Wale Road, Colwood (West Shore)

**Evenings:** Wednesdays 4:30pm-6:00pm (Sooke)

**Saturdays:** 8:30am-12:30pm (West Shore)

**Website:** <https://www.sfrs.ca/programs/child-care-resource-and-referral-ccrr>

**Telephone:** (250) 940-4882

**Email:** [Sooke-WestShoreCCRR@sfrs.ca](mailto:Sooke-WestShoreCCRR@sfrs.ca)

**Facebook:** Sooke-West Shore Child Care Resource & Referral AND  
Sooke Family Resource Society

**Instagram:** [@sookewestshore\\_ccrr](https://www.instagram.com/sookewestshore_ccrr)

[www.gov.bc.ca/ChildCareResourceReferralCentres](http://www.gov.bc.ca/ChildCareResourceReferralCentres) or

Toll-free: 1 888 338-6622 (Option 4).

