

Fall 2026

Sooke-West Shore Newsletter

Your communities' best source of child care information & resources

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A Note from the Sooke/West Shore CCRR

Happy Fall everyone!

Whether you spent time with family and friends, travelled or just relaxed at home, we hope that you were all able to enjoy the summer months and get some relaxation time.

Our Fall Professional Development opportunities are now available for registration. We look forward to seeing some new and familiar faces in the coming months.

Thank you for all you do!

-Your Sooke-West Shore CCRR Team



JOIN THE SOOKE-WEST SHORE CCRR FOR AN

OPEN HOUSE

SAT SEPT 26 2026 ▪

9:30AM-11:30AM

COME AND SAY HELLO AT THIS DROP-IN EVENT
EXPLORE SOME OF THE KITS AVAILABLE TO BORROW AND
ENJOY LIGHT REFRESHMENTS AND CONNECTION!

WEST SHORE CCRR OFFICE
345 WALE RD.
COLWOOD, BC

250-940-4882
SOOKE-WESTSHORECCRR@SFRS.CA





ChildCareBC Bulletin



Check out the latest
ChildCareBC Bulletin
[Here](#)

Métis Child Care Benefit Program

The Métis Child Care Benefit Program is a service offered by the Métis Child Care Navigation and Support Program, for families with Métis children from birth to 12 years.

Through the Métis Child Care Benefit Program, families can access additional funding, bridging the connection to the Affordable Child Care Benefit.

The Métis Child Care Benefit (MCCB) is a monthly benefit to support parents with their Licensed or Registered License-Not-Required childcare and Licensed Preschool fees.

(© 2026 Métis Nation British Columbia)

LEARN MORE



2026 Events Recap

Thank you to all those that joined us for our Pop In and Play events over the past few months! We have enjoyed being out in the community and seeing all the children, families and providers out in the wild! There is one more event this year at Carlow Park on September 16th. Hope to see you there!



The Sooke - West Shore CCRR was grateful to be part of the Habitat 4 Humanity Community Event. It was lovely to see some familiar faces, and get to know some new faces as well!



Fall Songs and Finger plays for Circle Time

Turkey Pokey (Hokey Pokey)

You put your right wing in.
You put your right wing out.
You put your right wing in,
And you shake it all about.
You do the turkey pokey
And you turn your self around.
That's what it's all about.

Additional verses:

Left wing (left arm)

Drumsticks (legs)

Wattle (head)

Tail feathers (bottom)

Turkey body (whole self)

Five Little Leaves

(Tune: Five Little Monkeys)

Five little leaves were hanging on a tree
(hold up five fingers, then put arms out and
hands hang down as if you were a tree)
Those 5 Leaves were pretty as can be
(clasp hands as if delighted)
Whoosh! came a breeze of cold fall air
(throw out arms as if scattering)
And four little leaves were hanging there.

Note: Continue counting backwards until
you get to zero.

Mable, Mable

Mable, Mable, set the table. Don't forget
the _____

Sleeping Turkeys

(Tune: Sleeping Bunnies)

See the turkeys sleeping,
Till it's nearly noon.
Shall we wake them,
With a merry tune?

They're so still,
Are they ill?

Wake up little turkeys!
Hop little turkeys hop,
hop, hop, hop
Hop, hop, hop - Hop, hop, hop
Hop little turkeys hop and stop!

Five Little Turkeys

(Tune: Five Little Ducks)

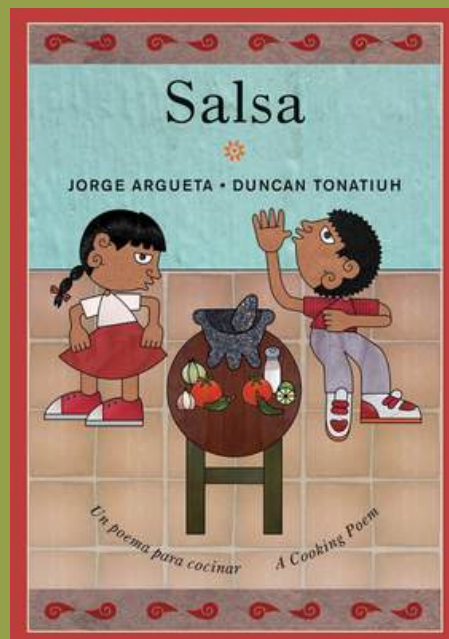
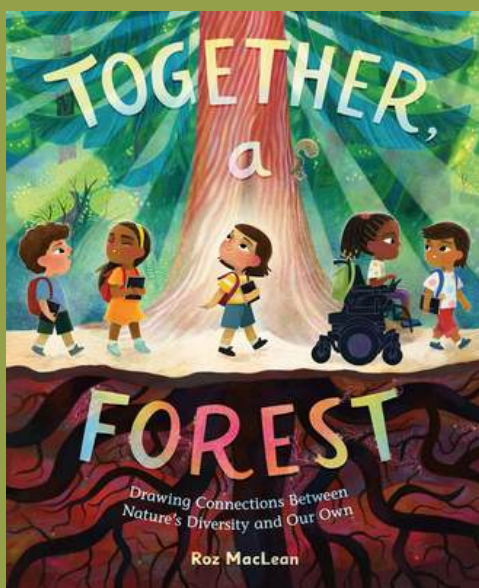
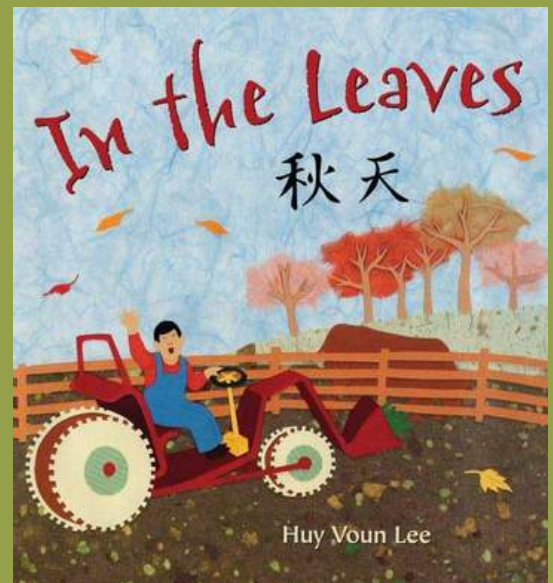
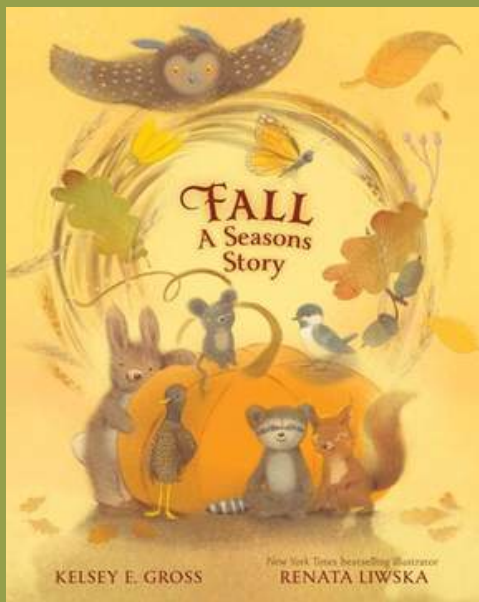
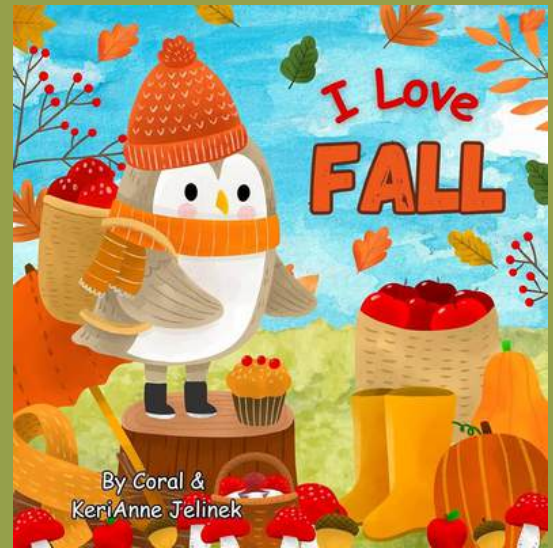
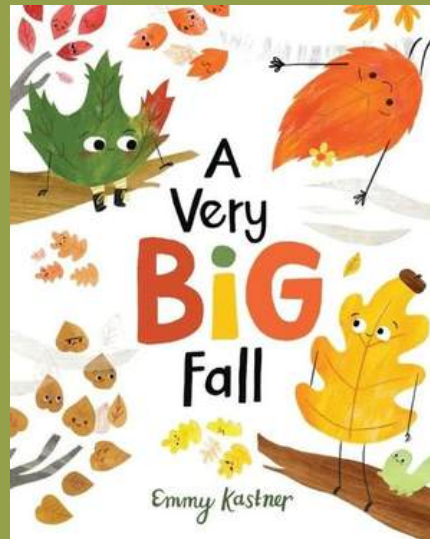
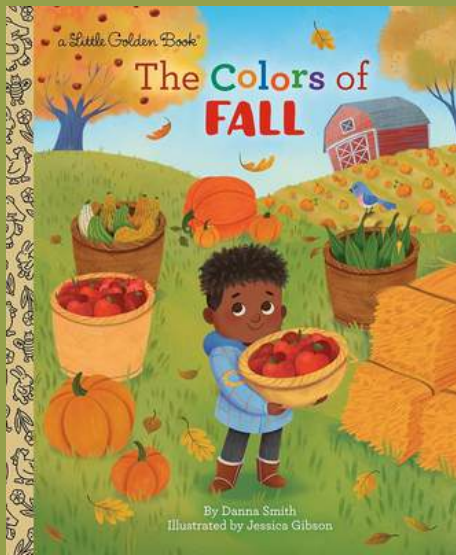
Five little turkeys went out one day
(Hold up five fingers)
Over the hills and far away
(Wave bye-bye)
Mother turkey said "Gobble, gobble,
gobble, gobble"
But only four little turkey came back.
(Hold up four fingers)

Note: Continue counting backwards until
you get to one. Then sing last verse.

Last Verse:

Sad mother turkey went out one day...(Sing
it sadly and slowly) Over the hills and far
away. Mother turkey said "GOBBLE!
GOBBLE! GOBBLE! GOBBLE!" And all five
turkeys came back, back, back.(Wave hand
with all five fingers!)

Fall Children's Books

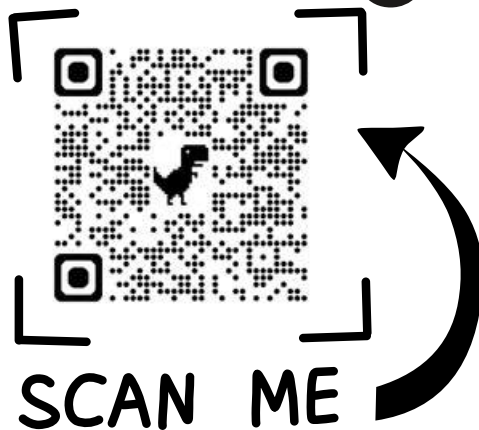


Crafty Corner



*Fall 2026 Sooke-West Shore CCRR Pro-D Guide **OUT NOW!***

REGISTER HERE



PLEASE JOIN US FOR A FALL MAKE & TAKE

Come make felt stories, have some snacks, and be creative!

SATURDAY, OCTOBER 17TH

10:00 AM - 12PM, 345 WALE RD
IN THE EARLY YEARS ROOM

ALL SUPPLIES AND COFFEE/TEA PROVIDED

PLEASE NOTE NO PRO-D HOURS WILL BE PROVIDED



Register here:

<https://outlook.office.com/book/CCRRSpecialEvents@sfrs.ca/?ismsaljsauthenabed>

For more information, contact Amanda at:
Sooke-westshoreccrr@sfrs.ca



Monday - Friday 8:30am - 4:30pm

6672 Wadams Way (Sooke) / 345 Wale Road, Colwood (West Shore)

Evenings: Wednesdays 4:30pm-6:00pm (Sooke)

Saturdays: 8:30am-12:30pm (West Shore)

Website: <https://www.sfrs.ca/programs/child-care-resource-and-referral-ccrr>

Telephone: (250) 940-4882

Email: Sooke-WestShoreCCRR@sfrs.ca

Facebook: Sooke-West Shore Child Care Resource & Referral AND
Sooke Family Resource Society

Instagram: [@sookewestshore_ccrr](https://www.instagram.com/sookewestshore_ccrr)

www.gov.bc.ca/ChildCareResourceReferralCentres or

Toll-free: 1 888 338-6622 (Option 4).



SOOKE
Family
RESOURCE SOCIETY

